



Term 3 Planner

	Program	Program Type	Time	Descriptions
Monday	Play Circle	Multicultural Playgroup Birth to 4 years old	9:00 to 11:00 am	Especially for multicultural families to meet others in the community and find support. Children engage in play, song and art and socialise with other children.
Tuesday	Bubs Club	Playgroup Birth to 1 year old	9:00 to 10:30 am	For parents and caregivers with babies from birth to 12 months; Share your experiences with others and learn new ways of interacting with your baby.
	Toddler Time	Playgroup 1 to 2 years old	1:00 to 2:30 pm	For children aged 1 to 2 years to explore the world through their senses and play. Drop-in play space that is self-led.
Wednesday	Kids Kingdom	Playgroup Walking to 4 years old	9:00 to 11:00 am	An inclusive, multicultural playgroup that provides a fun, engaging experience for children to learn through play, crafts, music and movement.
	Autism WA First Steps	Playgroup 1 to 6 years old Booking required	12:30 to 2:30 pm	A structured playgroup where families will have the opportunity to speak with therapists about their child's development.
Thursday	Ready-Set-Go Pre-Kindy	Pre-Kindy 3 to 4 years old Booking required	9:00 to 11:30 am	A play-based pre-kindergarten playgroup for children attending school the following year. Both parents and children will prepare for school through play.
Friday	Ninny Marr	Aboriginal Playgroup Birth to 4 years old	9:30 to 11:00 am	A playgroup to yarn and celebrate Aboriginal culture through play, stories, art, and song; Designed for and facilitated by families who identify as Aboriginal.

Child Health Nurse

Days: Mon, Tues and Wed
Time: 8:30am to 4:00 pm
Phone: 9495 1299

Appointments required; however please call if you have any concerns.

Speech Pathologist

Days: Thurs and Fri, alternate Wed
Time: 8:30am to 4:00 pm
Phone: 9235 7004

Appointments generally required; however, please call if you have any concerns about your child's communication development.

Child Health Drop-in Clinic

Days: Every Tuesday
Time: 9:00am to 10:00 am

No appointment required.

Lactation Consultant

Days: Every Friday
Time: 8:30am to 4:00 pm

Speak with your Child Health Nurse for appointment.

Other Services at CPC

Young Hearts Children's Counselling with Anglicare

Days: Every Monday
Time: 8:30am to 4:00 pm
Booking: 9394 9200

Young Hearts provides counselling in a safe and supportive environment for children who have experienced family violence. For children 5yrs+.

Financial Counselling with Anglicare

Days: Mondays, monthly starting 19 July
Time: 9:00am to 3:00 pm
Booking: 9235 7004

Financial counsellors can help you work through any problems you may have with money, including budgeting, negotiating outstanding bills and saving for the future.

Parents Under Pressure with Palmerston

Days: Every Tuesday
Time: Appointment required
Booking: 0438 546 778

Parents under Pressure offers a counselling program designed to help you navigate challenging life circumstances related to mental health, family conflict, substance use or financial stress.

Grief, Loss and Separation Counselling with Lifeline WA

Days: Tuesdays, monthly
Time: Appointment required
Booking: 9261 4444

Lifeline WA's grief and bereavement program offers free counselling to families and individuals, including children, before, during and after times of loss, grief and separation.

The Fathering Project

Days: Every Wednesday
Time: 9:00am to 4:00 pm
Appointment required
Booking: 9235 7004 or email
david.walker@thefatheringproject.org

The Fathering Project aims to inspire and equip dads and father-figures to be the best they can be. Dads and father-figures can engage in workshops, programs and supports to help them in their fathering role.



westfieldpark@parkerville.org.au • 9235 7004

Parent Workshops and Special Events

Parents Under Pressure Group

A support group for parents

Date: Thursdays, 22 July to 23 September
(No group on 2 to 9 Sept)
Time: 12:00 to 2:30 pm
Location: CPC Westfield Park
11 Hemingway Dr. Camillo, WA
Booking: email westfieldpark@parkerville.org.au
Facilitator: Palmerston

Triple-P Seminar Series

Parent workshop to help make raising kids easier

Date: Mondays, 2 to 16 August
Time: 12:00 to 2:00 pm
Location: CPC Westfield Park
11 Hemingway Dr. Camillo, WA
Booking: email westfieldpark@parkerville.org.au
Facilitator: Department of Health

Who's the Boss?

Workshop all about parenting styles, boundaries and discipline to help take back parenting control

Date: Monday 23 August
Time: 9:00 to 11:00 am
Location: CPC Westfield Park
11 Hemingway Dr. Camillo, WA
Booking: Phone 9496 9200
Facilitator: Department of Education

Protective Behaviours

Adults helping children recognise unsafe situations

Date: Thursday 2 September
Time: 12:30 to 2:30 pm
Location: CPC Westfield Park
11 Hemingway Dr. Camillo, WA
Booking: email westfieldpark@parkerville.org.au
or phone 9235 7004
Facilitator: Communicare

To learn more about any of our free
programs, playgroups or workshops:



westfieldpark@parkerville.org.au



Call **9235 7004**



Join our group on Facebook at

“Child and Parent Centre Westfield Park”



Pre-Kindy Playgroups

What is Leap Frogs and Ready-Set-Go Pre-Kindy?

Leap Frogs and Ready-Set-Go are free educational playgroups that help prepare children and their parents or caregivers for kindergarten. Throughout the year, children engage in fun, play-based activities designed to help them develop independence as well as the social and physical skills that makes for a successful start to kindergarten. Participants will also benefit from visits from health professionals and service providers to offer any support.

Please note that this playgroup is especially designed to prepare children for kindergarten the following year. Parents or caregivers must attend all sessions.

In Pre-Kindy, your child will have the opportunity to learn the following:

- Social skills, such as sharing and turn-taking,
- Joining in on group activities,
- Learning how to transition from activities.

For more information about the program, please contact us or request a tour.

Where can you join a Pre-Kindy program?

Ready-Set-Go Pre-Kindy
Child and Parent Centre
Westfield Park
Thursdays at 9am-11:30 am
Term 2, 3 and 4

11 Hemingway Dr
Camillo WA 6111
9235 7004

Leap Frogs Pre-Kindy
Groveland
Primary School
Wednesdays 9am-11:30am
Term 2, 3 and 4

14 Grovelands Drive
Camillo WA 6111
9399 3422

Leap-Frogs Pre-Kindy
Good Shepherd Catholic
Primary School
Thursdays 9am-10:45am

15 Arbuthnot Street
Kelmescott WA 6111
9496 9200

