

## PARENT INFORMATION 2

### The Triple A's 4 Getting Things Done

Children and adults travelling along The Learning Highway are like the vehicles. Some are speedy, some travel too fast making careless mistakes, and some are slow and steady. The most important thing for any learner is to **arrive at** their Learning Destination. For example, your child might find spelling very difficult. If their Learning CPR Tank is full of work **Confidence**, 'I can do this!' **Persistence**, 'I'm going to try very hard!' and **Resilience**, 'I'll have another go,' they will get to their Learning Destination – eventually. It might take a bit longer - but they **will** get there.

Studies from all over the world tell us that children who have good work confidence and persistence – meaning they are resilient learners who will bounce back from the tough stuff in the classroom – do well at school. Kids who try hard, plan their time and organise their resources, kids who have a positive work attitude and good work behaviours, do well at school despite their level of 'academic cleverness.'

There are skills that we **can - and do** - teach children to make them more successful at Getting Things Done at home and at school. Many of the behaviours that help children to be successful learners in the classroom, also help with Getting Things Done at home. Chores and homework take Supa Thinking, planning and organisation, persistence and confidence to get through them.

Helping children to learn about successful learning behaviours and the TOOLS that will help them to get past the BUMPS and the HAZARDS on the way to their Learning Destination, needs to be memorable. So this week, your child has been introduced to The Triple A's 4 Getting Things Done.

**AVOID:** distractions when Getting Things Done – like feeding the dog, cleaning their room, doing their homework.

**APPROACH:** planning and evaluating how best to Get Things Done.

**APPLY:** identifying the elements of being successful of Getting Things Done like planning, organisation and persistence.

The Triple A's 4 Getting Things Done poster is on the following page. You might like to display this at home and encourage your child to talk about The Triple A's with you during the week. To bring the poster to life, think about including words like 'planning', 'organisation', 'persistence' and 'avoiding distractions' in your every-day language. This will help your child to develop their Supa Thinking about Getting Things Done.

**REFLECTION POINT:**

*What motivates you to Get Things Done – things that might be boring but necessary (think tax – groan)? Think about your thinking – the impact your self-talk has on your ability to persist, be confident, avoid distractions, approach tasks positively and apply yourself. Perhaps The Triple A's 4 Getting Things Done might be useful for you too!*

**A**

**VOID**

*What distracts you?*



**Stinking Thinking**

*'This is boring!'*

*'This is too hard!'*

**Cheeky Chatting**

*Who's done what, when did it happen? Oh, that's right, it's maths time!*

**Dangerous Distractions**

*'I'll read this book before I start.'*

**A**

**PPROACH**

*What's your strategy?*

**H**

**ardest part first?**

Get it over and done with.

**E**

**asiest part first?**

Start simple and build up.

**N**

**earest part first?**

Do first what's due first.

**P**

**lanning**

Use diary or list reminder.

**A**

**PPLY**

*What do you need to get going?*

**O**

**rganisation**

Have everything you need.

**P**

**ersistence**

Grit to help you work tough.